

THE SALVATION ARMY CAMP WALTER JOHNSON
CHALLENGE ROPES COURSE
PROGRAM DISCLOSURE, INFORMED CONSENT, AND RELEASE FORM

FOR AGES 10 & UP

You do not have to complete this form if you do NOT want your child to participate in the Challenge Course (High Ropes).

The Challenge Course program involves a variety of activities, which may include warm up exercises, bending, jumping, falling, climbing, controlled falling, and descending ranging from 0-65 feet. There will be times when participants wear harnesses and helmets that assist users in climbing, falling and suspending safely. The program follows all safety procedures to reduce, but not to eliminate every risk (e.g., bruises, sprains, fractures and even death). At times, the very nature of these activities may cause the participants to have an increase in heart rate in a short period of time, which may increase the risk of cardiac issues.

Certain elements of the program are physically, mentally, socially and emotionally challenging and demanding. Participation in each of the various activities is voluntary and the purpose of this notification is to assist you in deciding whether or not you wish to participate. In addition, it allows our Facilitators to design a program that maximizes your experience as well as assisting you in the event of an emergency. This form and its information will be kept in strict confidence and only shared with your permission as allowed by law.

It is the policy of The Salvation Army Camp Walter Johnson to ensure that our participants have control over their own personal safety. Participants are in control at all times of their own level of physical participation. During our sessions, you only need to attempt to do those things that you choose to do, although the Facilitators will "encourage" you to do and try things you never thought possible. It is vitally important that you listen to all instructions and briefings, set your own goals in relation to the groups goals, make the decision as to your own level of participation and inform others of your choice.

I understand that I am responsible for assessing my ability to participate in each activity offered at the program. I affirm that I have disclosed the information necessary to enable the Course Facilitators to provide safe and effective assistance should an emergency arise. In the event of an emergency, I hereby give my permission as a participant in the program to receive any first aid, transportation or medical attention that may be required for my well-being.

The undersigned will be participating in The Salvation Army Camp Walter Johnson Ropes Challenge Course Program. The undersigned acknowledges that the program involves physical activities, which as with any sport gives rise to the risk of bodily injury and or property damage. "I do hereby release and agree to hold harmless The Salvation Army and Camp Walter Johnson, its employees and Officers from any and all liability, demands, suits, actions, claims or judgments of any nature; costs and expenses including reasonable attorney's fees incidental for any injury, damage, illness or death which I may sustain during or as a result of my participation in the program. I also recognize and understand the inherent risks associated with this type of activity. Let it also be known that this release is binding on me, my heirs, assignees and personal representatives and/or guardians."

Name of Camper/Participant

Age of Participant

Signature of Camper/Participant

Parent/Guardian Signature (if participant is under 18)

